



Boys/Men Indoor Club Records

Event	Time/Dist.	Name	Venue	Date
U11				
60m	9.1s	D.Borrett	Kings Lynn	24/01/1993
L.Jump	3.51m	D.Borrett	Kings Lynn	24/01/1993
U13				
60m	8.4s	S.Keyte	Kings Lynn	05/03/1994
60mh	10.4s	N.Jones	Kings Lynn	26/01/1992
200m	29.27s	G.Smith	Lee Valley	22/02/2020
L.Jump	4.74m	S.Keyte	Kings Lynn	05/03/1993
H.Jump	1.40m	N.Jones	Kings Lynn	26/01/1992
Shot	9.28m	S.Keyte	Kings Lynn	30/01/1994
	6.73mm (S/Hall)	C.Dobson	Taverham	03/12/2013
U15				
60m	8.1s	J.Shipp	Kings Lynn	26/01/1992
60mh	9.7s	N.Jones	Kings Lynn	05/03/1994
200m	26.4s	M.Phillipson	Lee Valley	06/03/2010
previously	26.60s	M.Phillipson	Lee Valley	07/02/2010
800m	2:51.59s	W.Wassmer	Lee Valley	22/02/2020
L.Jump	5.27m	J.Shipp	Kings Lynn	26/01/1992
H.Jump	1.65m	N.Jones	Kings Lynn	30/01/1994
T.Jump	10.85m	N.Jones	Kings Lynn	05/03/1994
Shot	10.48m	A.Morris	Kings Lynn	26/01/1997
	9.95 (S/Hall)	M.Phillipson	UEA, Norwich	2011
U17				

60m	7.16s	D.Burnham	Lee Valley	02/02/2014
60mh	9.26s	J.Mills	Lee Valley	09/01/2008
200m	23.29s	J.Mills	Birmingham	02/02/2008
400m	53.99s	T.Burgess	Lee Valley	15/01/2012
800m	2:02.61s	T.Bilyard	Lee Valley	14/02/2018
1000m	3:06.86s	J.Mills	Lee Valley	09/01/2008
1500m	4:30.20s	D.Harrison	Lee Valley	19/02/2020
previously	4:51.38s	D.Harrison	Lee Valley	20/02/2019
L.Jump	6.22m	J.Mills	Lee Valley	09/01/2008
T.Jump	12.07m	A.McNamara	Kings Lynn	31/01/1999
H.Jump	1.85m	A.Leonard	Kings Lynn	29/01/2017
Shot	11.74m	J.Hanton	Bourne	16/02/2020
previously	11.12m	J.Mills	Lee Valley	09/01/2008
Pentathlon	2957pts	J.Mills	Lee Valley	09/01/2008

Junior Men (U20)

60m	7.12s	D.Burnham	Lee Valley	31/01/2016
previously	7.15s	R.Taylor	Birmingham	25/02/2012
and before	7.19s	R.Taylor	Birmingham	26/02/2011
200m	22.10s	R.Taylor	Birmingham	26/02/2012
400m	53.51s	T.Burgess	Lee Valley	13/01/2013
800m	1:53.05s	T.Bilyard	Lee Valley	19/02/2020
previously	1:55.32s	T.Bilyard	Lee Valley	29/01/2020
and before	2:01.15s	T.Bilyard	Lee Valley	20/02/2019
1500m	4:13.58s	T.Bilyard	Lee Valley	20/02/2019
L.Jump	5.96m	N.Jones	Kings Lynn	25/01/1998
H.Jump	1.80m	N.Jones	Kings Lynn	25/01/1998
T.Jump	12.74m	N.Jones	Kings Lynn	25/01/1998
Shot	11.99m	M.Bloomfield	Kings Lynn	05/03/1994

Senior Men

60m	7.2s	K.Burgess	C.Palace	03/02/1990
200m	24.9s	K.Burgess	Cosford	02/12/1989
300m	35.24s	D.Creak	Birmingham	
400m	50.0s	D.Creak	Birmingham	
L.Jump	6.12m	N.Jones	Kings Lynn	31/01/1999
H.Jump	1.80m	N.Jones	Kings Lynn	31/01/1999
P.Vault	3.40m	N.Jones	Kings Lynn	14/02/1999
Shot	11.36m	S.Briggs	Kings Lynn	30/01/1994

Vet Men 40/44

60m	7.19s	K.Burgess	Birmingham	27/02/1999
200m	23.43s	K.Burgess	Birmingham	26/02/2000
400m	55.51s	R.Wharton	Birmingham	27/02/1999
800m	2:31.82s	J.Barwick	Birmingham	03/02/2001
1000m	3:32.87s	J.Barwick	Bordeaux	08/03/2001
60mh	10.58s	J.Barwick	Birmingham	28/02/1997
L.Jump	4.62m	J.Barwick	Bordeaux	08/03/2001
H.Jump	1.38m	J.Barwick	Bordeaux	08/03/2001
Shot	11.53m	M.Carr	Kings Lynn	26/01/1997
Pentathlon	2171pts	J.Barwick	Bordeaux	08/03/2001

Vet Men 45/49

60m	7.18s	K.Burgess	Glasgow	16/03/2002
200m	24.39s	K.Burgess	Glasgow	16/03/2002
400m	63.99s	J.Barwick	Birmingham	27/02/2002
1000m	3:40.11s	J.Barwick	Glasgow	16/03/2002
60mh	10.94s	J.Barwick	Glasgow	16/03/2002
L.Jump	4.57m	J.Barwick	Glasgow	16/03/2002
H.Jump	1.36m	J.Barwick	Glasgow	16/03/2002
Shot	10.58m	M.Carr	Kings Lynn	10/02/2002
Pentathlon	2477pts	J.Barwick	Glasgow	16/03/2002

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