



## Junior Men (U20) Club Records

<b>Event</b>	<b>Time/Dist.</b>	<b>Name</b>	<b>Venue</b>	<b>Date</b>
60m	7.3s	J.Jennings	Gt Yarmouth	05/04/2018
previously	7.7s	C.Dobson	Gt Yarmouth	13/04/2017
75m	8.6s	R.Taylor	Gt Yarmouth	12/04/2012
and before	8.9s	R.Taylor	Gt Yarmouth	21/04/2011
100m	10.97s	R.Taylor	Chelmsford	07/04/2012
and	11.0s	D.Burnham	Bromley	26/07/2015
150m	16.9s	R.Taylor	Gt Yarmouth	21/04/2011
previously	17.0s	J.Shipp	Gt.Yarmouth	22/03/1995
200m	21.7s	D.Burnham	Kings Lynn	23/05/2015
300m	35.5s	D.Burnham	Gt Yarmouth	14/04/2016
previously	36.0s	J.Shipp	Gt.Yarmouth	22/03/1995
400m	51.8s	T.Burgess	Norwich	08/06/2013
600m	1:24.9s	T.Bilyard	Gt Yarmouth	11/04/2019
Previously	1:26.5s	J.Clark	Gt.Yarmouth	17/04/2014
800m	1:53.32s	T.Bilyard	Lee Valley	29/08/2020
previously	1:54.10s	T.Bilyard	Watford	07/08/2019
and before	1:56.73s	T.Bilyard	Bromley	13/07/2019
1000m	2:46.0s	S.Calver	Norwich	24/03/1990
1500m	3:59.21s	T.Bilyard	Gillingham	17/08//2019
previously	4:07.88s	T.Bilyard	Bromley	13/07/2019
and before	4:09.0s	T.Bilyard	Norwich	08/06/2019
Mile	4:28.1s	D.Harrison	Norwich	30/04/2021
previously	4:30.1s	T.Bilyard	Gt.Yarmouth	11/04/2019
and before	4:39.8s	S.Calver	Gt.Yarmouth	05/08/1990
3000m	9:08.71s	S.Collins	Hendon	28/06/2015

5000m	16:02.1s	T.Bilyard	Norwich	28/06/2019
300mH	47.3s	M.Barwick	Kings Lynn	02/04/2000
2000mSC	6:36.81s	T.Bilyard	Reading	15/06/2019
previously	6:38.3s	T.Bilyard	Norwich	11/05/2019
and before	6:38.5s	R.Barber	Norwich	18/05/1985
Shot	11.76m	M.Bloomfield	St.Ives	17/06/1995
Discus	38.52m	M.Bloomfield	Norwich	13/05/1995
Hammer	26.62m	M.Bloomfield	Gt Yarmouth	14/05/1994
Javelin	20.23m	J.Jennings	Ipswich	04/08/2019
Long Jump	6.78m	J.Mills	Kings Lynn	01/08/2009
High Jump	1.35m	M.Phillipson	Kings Lynn	17/08/2014
Triple Jump	11.98m	C.Dobson	Gt Yarmouth	11/06/2017

v1.14 updated 08/05/2021