



## U15 Girls Club Records

<b>Event</b>	<b>Time/Dist.</b>	<b>Name</b>	<b>Venue</b>	<b>Date</b>
60m	8.3s	K.Earl	Gt Yarmouh	13/04/17
previously	9.1s	D.Jones	Norwich	24/03/90
75m	10.1s	L.McGuire	Gt.Yarmouth	05/04/01
100m	12.6s	E.Shipp	Gt.Yarmouth	28/05/95
and	12.6s	K.Earl	Bury St Edmunds	20/08/17
150m	19.9s	L.McGuire	Gt.Yarmouth	06/04/00
200m	26.3s	L.Peach	Ipswich	04/07/10
and	26.3s	K.Earl	Bury St Edmunds	20/08/17
300m	43.5s	P.Baker	Bury St Ed	23/09/12
600m	01:44.1	F.Harrison	Gt.Yarmouth	05/04/01
800m	02:19.3	J.Howarth	Luton	1981
1000m	03:21.3	E.Leeves	Gt.Yarmouth	06/04/00
1500m	04:40.9	J.Howarth	C.Palace	1981
3000m	10:50.5	C Lee	Gt Yarmouh	22/7/10
Mile	05:42.0	C Lee	Gt Yarmouth	15.4.10
75mH	11.00sw	L.McGuire	Exeter	06/07/01
80mH	13.7s	T.Pickering	Leicester	1981
300mH	53.0s	M.Bean (Maggie)	Norwich	26/09/20
Shot	12.63m	M.Nascimento	Peterborough	17/04/88
Shot 3kg	10.09m	A.Wakeley	Kings Lynn	23/05/15
previously	9.75m	A.Wakeley	Hendon	06/07/14
Discus	29.08m	M.Nascimento	Gt.Yarmouth	07/04/88
Javelin 600g	36.28m	M.Nascimento	Peterborough	17/04/88
Javelin 500g	27.14m	H.Willeard	Norwich	12/09/20
previously	25.35m	H.Willeard	Norwich	17/09/19

and before	24.67m	H.Willeard	Bury St Edmunds	08/09/19
Hammer	26.54m	A. Dowsett	Bury St Ed	15/09/13
L.Jump	5.55m	L.McGuire	Gt.Yarmouth	05/08/01
T. Jump	9.53m	E.Stewart	Sandy	29/09/18
previously	9.45m	E.Stewart	Woodford	04/09/18
and before	9.35m	A.Dowsett	Cambridge	29/06/13
H.Jump	1.65m	S.Watts	Norwich	1981
		N. Rimmer	Gt. Yarmouth	25/5/13
4x100m	51.9s	McGuire/Horn/Wharton/Shipp	Gt.Yarmouth	18/06/00
Pentathlon	2585pts.	A.Dowsett	Peterborough	29/09/13
Hexathlon	2682pts	A.Dowsett	Stoke	04/08/13

v1.8 updated 04/10/2020