



U11 Girls Club Records

Event	Time/Dist.	Name	Venue	Date
60m	9.3s	E.Shipp	Norwich	21/09/1991
75m	11.3s	L.McGuire	Gt.Yarmouth	10/04/1997
80m	11.4s	L.McGuire	Gt.Yarmouth	22/06/1997
100m	14.5s	E.Shipp	Gt.Yarmouth	30/06/1991
150m	23.4s	E.Shipp	Braintree	02/06/1991
	23.4s	M.Brown	Gt.Yarmouth	13/07/2014
200m	30.6s	E.Shipp	Norwich	21/09/1991
600m	1:55.2s	M.Squires	Ipswich	04/08/2019
previously	1:55.4s	J.Allen	Bury St Edmunds	16/07/2017
and before	1:56.5s	J.Allen	Gt.Yarmouth	11/06/2017
800m	2:47.8s	M.Squires	Gt.Yarmouth	26/09/2019
previously	2:52.8s	F.Harrison	Daventry	09/08/1997
1000m	4:03.5s	T.Simpson	Gt.Yarmouth	07/08/2014
60mH	16.5s	E.Shipp	Norwich	21/09/1991
Shot (2.72kg)	5.71m	M.Squires	Norwich	26/05/2019
B.Throw	36.29m	M.Fearn	Braintree	05/06/1988
Whizz Ball	29.82m	M.Squires	Gt.Yarmouth	26/09/2019
previously	27.83m	L.Coote	Gt.Yarmouth	27/09/2018
and before	27.00m	H.Willeard	Norwich	15/05/2016
Discus	10.15m	S.McGuire	Crawley	30/08/1999
Javelin	17.42m	K.Goodwin	Diss	13/07/1997
L.Jump	4.20m	L.McGuire	Gt.Yarmouth	17/08/1997
Turbo Jav.	16.60m	A.Dowsett	Gt.Yarmouth	02/09/2009
4x100m	59.4s	McGuire/Shipp/Harrison/Goodwin	Colchester	27/07/1997

v1.4 updated 12/10/2019