



## U17 Women Club Records

<b>Event</b>	<b>Time/Dist.</b>	<b>Name</b>	<b>Venue</b>	<b>Date</b>
60m	8.1s	K.Earl	Gt Yarmouth	05/04/18
previously	8.5s	H.Mayne	Gt.Yarmouth	13/04/17
75m	9.7s	G.Easter	Gt.Yarmouth	11/03/92
100m	12.1s	G.Easter	Ipswich	09/06/91
150m	19.5s	G.Easter	Gt.Yarmouth	26/02/92
200m	25.5s	G.Easter	Norwich	14/06/92
300m	41.4s	G.Easter	Ipswich	31/08/92
400m	57.7s	L.Houghton	Oxford	1975
600m	01:45.0	H Andrews	Gt.Yarmouth	04/07
800m	02:14.3	J.Howarth	C.Palace	1982
1000m	03:19.0	C Lee	Corby	17/04/12
1500m	04:36.9	J.Howarth	C.Palace	1982
1500m St/Ch	06:49.94	A.Dowsett	Hendon	27/07/14
Mile	5.35.3	C Lee	Gt Yarmouth	19/05/2011
3000m	10:40.0	J.Howarth	Norwich	1982
80mH	11.9s	A.Wright	Kings Lynn	20/06/92
100mH	18.3s	J.Olley	Ipswich	1982
300mH	49.4s	A.Dowsett	Norwich	15/06/14
200mH	34.71s	I.Matthews-Clark	Lee Valley	27/05/19
Shot	15.14m	S.McKinna	Singapore	22/08/10
Shot (3kg)	10.94m	J.Kemp	Bromley	01/06/14
Discus	30.32m	K.Williams	Norwich	14/05/88
Hammer	29.51m	L Marshall	Peterborough	27/08/12
Hammer 3kg	27.03m	A.Dowsett	Norwich	06/06/15
Javelin 600g	32.30m	K.Atkin	Norwich	14/06/97
Javelin 500g	30.84m	M.Bean (Molly)	Bury St Edmunds	16/09/18

previously	29.89m	M.Bean (Molly)	Horspath	08/07/18
and before	27.51m	M.Bean (Molly)	Norwich	13/05/18
<b>L.Jump</b>	<b>5.30m</b>	<b>C.Richardson-Rowe</b>	<b>Norwich</b>	<b>11/08/19</b>
previously	5.29m	C.Richardson-Rowe	Cambridge	07/07/19
and before	5.18m	C.Richardson-Rowe	Norwich	09/06/18
	and	C.Richardson-Rowe	Norwich	11/05/19
<b>H.Jump</b>	<b>1.65m</b>	<b>S.Watts</b>	<b>Norwich</b>	<b>1982</b>
<b>T.Jump</b>	<b>10.64m</b>	<b>E.Stewart</b>	<b>Gt Yarmouth</b>	<b>23/06/19</b>
previously	10.54m	E.Stewart	Cambridge	02/06/19
and before	10.04m	E.Stewart	Norwich	12/05/19
	and	E.Stewart	Norwich	26/05/19
<b>4 x 100</b>	<b>50.8s</b>	<b>Morgan/Richardson-Rowe/Mayne/Earl</b>	<b>Gt Yarmouth</b>	<b>22/07/18</b>
previously	51.4s	Bean/Richardson-Rowe/Mayne/Earl	Norwich	17/06/18
and before	52.6s	Blyth/Loomes/Badminton/Powell	Havering	27/05/90
<b>Pentathlon</b>	<b>3032pts</b>	<b>M.Bean (Molly)</b>	<b>Peterborough</b>	<b>30/09/18</b>
previously	2846pts	M.Bean (Molly)	Peterborough	24/09/17
and before	2718pts.	A.Dowsett	Peterborough	28/09/14
<b>Heptathlon</b>	<b>4131 pts</b>	<b>M.Bean (Molly)</b>	<b>Horspath</b>	<b>07/07/18</b>
previously	3821pts	M.Bean (Molly)	Horspath	23/07/17
and before	3690pts.	A.Dowsett	Bedford	19/07/15

v1.17 updated 22/08/19